



Nutrition Menu

The week of December 09, 2024

Day of the week	BREAKFAST	LUNCH
Monday	Blueberry Muffin	Grilled Cheese Sandwich and Baked Beans
Tuesday	Buttermilk Bar	Popcorn Chicken, Mashed Potatoes, and Carrots
Wednesday	Concha	Pizza Bagel and Mixed Veggies
Thursday	Strawberry Poptart	Turkey Soft Taco and Beans
Friday	Crispy Rice Cereal and Graham Crackers	Grilled Cheese Sandwich and Baked Beans
	*Low-fat plain milk, 100% juice, and fresh fruit are offered with each breakfast.	*All lunches include a serving of vegetables. *Non-fat chocolate milk, 100% juice, and fresh fruit are offered with each lunch.

Jessica Gonzalez
 Nutrition Coordinator
 jessica.gonzalez@sldc.net
 714-821-3620 ext. 249